

# Junior/Senior School Lunch Menu

w/c 1<sup>st</sup> November

## MONDAY

### Mains:

Sweet & sour chicken  
Swedish meatballs in an arrabiata sauce  
Moroccan balls in an arrabiata sauce (v)

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### Sides:

Pasta spirals, garlic bread, baby corn & egg  
fried rice

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Apple & raspberry crumble with custard

## TUESDAY

### Mains:

Minced beef & onion cobbler  
Vegan cobbler (v)  
Mexican chicken wraps

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### Sides:

Green beans, cauliflower, herby new  
potatoes, side salad, sweetcorn

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Jam & Coconut sponge with vanilla sauce

## WEDNESDAY

### Mains:

Roast lamb served with mint sauce or Halal  
chicken sausage with Yorkshire pudding  
Whole wheat pasta with chicken & pesto or with  
pesto & roasted vegetables (v)

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### Sides:

Swede & carrot mash with broccoli, roasted  
& creamy mashed potatoes, garlic bread

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Chocolate roly poly with caramel sauce

## THURSDAY

### Mains:

Chicken tikka masala  
Sweet potato & chickpea curry (v)  
Shredded minted lamb or tandoori chicken with  
wholemeal pitta bread

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### Sides:

Onion bhaji, pilau rice & naan bread, Greek  
salad, coleslaw

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Banana & chocolate chip cake

## FRIDAY

### Mains:

Bonfire Hotdogs & crispy onions  
Bonfire Vegan hotdog (v)  
Chilli beef with tortilla chips & rice

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### Sides:

Corn on the cob or BBQ baked beans,  
Lyonnais potatoes or sweet potato fries

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Toffee apple ginger cake with caramel sauce

Grab & go desserts, jelly pots, fresh fruit, yoghurts and cheese and biscuits available every day.

If you have a food allergy or a special dietary requirement, please inform a member of the Catering team.