

# Junior/Senior School Lunch Menu

w/c 14<sup>th</sup> February

## MONDAY

### Mains:

Sticky BBQ chicken

Pasta bar

Roasted Mediterranean tart (v)

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### Sides:

Garlic bread baby corn & savoury rice,  
carrots & peas

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Jam roly poly with vanilla sauce

## TUESDAY

### Mains:

Winter vegetable cottage pie

Winter quorn cottage pie (v)

Piri piri chicken with pitta breads

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### Sides:

Green beans, cauliflower, herby new  
potatoes, side salad, sweetcorn

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Lemon drizzle cake with custard

## WEDNESDAY

### Mains:

Toad in the hole

Vegan black bean enchiladas (v)

Chicken enchiladas

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### Sides:

Roasted & creamy mashed potatoes, medley  
of vegetables

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Apple & berry crumble with custard

## THURSDAY

### Mains:

Chicken tikka masala

Vegetable masala (v)

Chinese pork steak

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### Sides:

Pilau rice, naan bread, salad, coleslaw,  
roasted new potatoes

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Blueberry muffins

## FRIDAY

### Mains:

Crispy cod in batter

Macaroni cheese (v)

Mexican chilli with rice & nachos

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### Sides:

Fries, baked beans or peas or garden salad

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Toffee apple ginger cake with caramel sauce

Sandwich/wraps/baguettes/salad pot/jacket potato with a choice of fillings/soup available each day

Grab & go desserts, jelly pots, fresh fruit, yoghurts and cheese and biscuits available every day.

If you have a food allergy or a special dietary requirement, please inform a member of the Catering team.