

# Junior/Senior School Lunch Menu

w/c 4<sup>th</sup> July

## MONDAY

### Mains:

Chicken Breast Nuggets with sweet & sour sauce

Spaghetti Bolognaise with Garlic bread  
Southern fried no chicken nuggets with sweet & sour sauce  
vegan bolognaise (v)

### Sides:

Vegetable Noodles & Egg fried Rice & side salad

Raspberry Roulade with cream

## TUESDAY

### Mains:

Wholemeal Pizza with various toppings & Salad bar

Smoked Paprika chicken breast on a bed of noodles

Roasted Vegetable Pizza & salad Bar (v)

### Sides:

Oven Baked Lattice Potato, mixed vegetables,  
Whole-wheat Spaghetti Hoops, beans

Chocolate crunch with pink custard

## WEDNESDAY

### Mains:

Roast Leg of pork or Roast chicken breast & apple sauce & Yorkshire puddings

Three cheese macaroni bake  
Pasta in a tomato & basil sauce with Side salad (v)

Roasted Potato, Mashed Potato, Medley of mixed vegetables, Swede mash, Garlic bread

Apple Pie with custard

## THURSDAY

### Mains:

Chicken Korma or Thai Chicken Curry with Poppadoms or Naan Bread

Panini Bar with various fillings  
Homemade Vegetable Thai Curry with Naan bread (v)

### Sides:

Pillau Rice or Sauté Potato Side Salad Spaghetti hoops or baked beans

Belgium waffles with Fresh fruit cream & sauces

## FRIDAY

### Mains:

Battered Cod Fillet with tartare sauce  
chicken burger in a bun with side salad & coleslaw  
Vegan Fishless fingers or Mac & Cheese Fish pie (v)

### Sides:

Stealth Fries, Garden peas, mushy peas, baked beans

Homemade Rocky Road

Sandwich/wraps/baguettes/salad pot/jacket potato with a choice of fillings/soup available each day

Grab & go desserts, jelly pots, fresh fruit, yoghurts and cheese and biscuits available every day.

If you have a food allergy or a special dietary requirement, please inform a member of the Catering team.