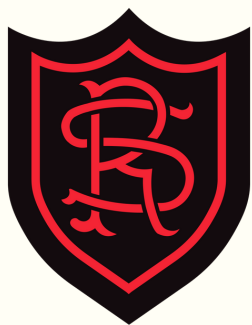


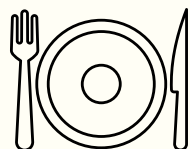
# JUNIOR AND SENIOR LUNCH MENU



## WEEK 2

\*ALL ALLERGIES CATERED FOR\*

\*GRAB & GO AND LIGHTER OPTION AVAILABLE DAILY\*



## MONDAY

### MAIN MEAL

Moroccan Chicken & Chick pea Taggine seved with spice vegetable cous-cous Or Lamb Burger with Rainbow Slaw in a bun

Beyond Meat Vegan Chicken Burger

Moroccan Chick Pea & Squash Taggine with Spice Vegetable cous-cous

### CARBOHYDRATES & VEGETABLES

Roasted New potatoes in thyme & Garlic

Tender Stem Brocoli & Baby carrots

### DESSERT (HOT)

Vanilla Sponge Traybake with Spinkles

### DESSERT (COLD)

Profiteroles  
Yogurts  
Fruity Jelly  
Fresh Fruit



## TUESDAY

### MAIN MEAL

Sub Rolls filled with Peri peri chicken or BBQ Chicken

Sub rolls filled with Mediterranean vegetables & halloumi (V)

Sub rolls filled with Roasted peppers & Marinated Cajan Tofu

### CARBOHYDRATES & VEGETABLES

Oven Baked Criss Cross Potatoes

Baby Corn & Sugar snap peas

### DESSERT (HOT)

Raspberry & Lemon Loaf with Custard

### DESSERT (COLD)

Banoffee Pots  
Yogurts  
Angel Delight  
Fresh Fruit

## WEDNESDAY

### MAIN MEAL

Tagliatelle Carbonara or Bolognaise

Conchiglie with creamy garlic & mushroom Sauce

Vegan Tagliatelle Bolognaise

### CARBOHYDRATES & VEGETABLES

Garlic Bread  
Sweetcorn & Peas

### DESSERT (HOT)

Pineapple Upside down Cake with Custard

### DESSERT (COLD)

Scone with strawberries & Cream  
Yogurts  
Fruit Jelly  
Fresh Fruit

## THURSDAY

### MAIN MEAL

Roast Leg of Pork or Chicken Breast with Apple sauce & Yorkshire Pudding

Cauliflower Cheese with Crispy herby topping (V)

Spicy Mexican Bean Vegan Roll

### CARBOHYDRATES & VEGETABLES

Roast & Creamy Mashed Potatoes

Seasonal Vegetables & Carrot & Swede Mash

### DESSERT (HOT)

Cherry Pie with Vanilla Sauce

### DESSERT (COLD)

Chocolate Tiffin  
Yogurts  
Angel Delight  
Fresh Fruit

## FRIDAY

### MAIN MEAL

Plaice Goujons with homemade tartare sauce or Honey & Thyme

Roasted Gammon

Stuffed Peppers (V)

Vegetable Quiche

### CARBOHYDRATES & VEGETABLES

Oven Baked Chunky Chips

Mushy Minted Peas or Baked Beans

### DESSERT (HOT)

Waffles with Peaches

### DESSERT (COLD)

Berry Burst Smoothie  
Yogurts  
Fruit Jelly  
Fresh Fruit