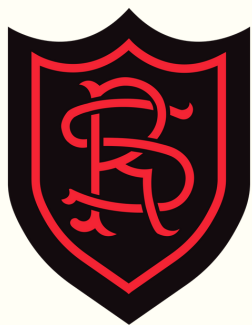


# JUNIOR AND SENIOR LUNCH MENU



WEEK 1

\*ALL ALLERGIES CATERED FOR\*

\*GRAB & GO AND LIGHTER OPTION AVAILABLE DAILY\*



## MONDAY

### MAIN MEAL

Beef Burger in a brioche Bun with Sweetcorn relish, Crispy Onions , Baby gem lettuce

Roasted peppers & Sweet Potato & Cherry Tomato Frittata (V)

Plant based Burger with Halloumi in a Roll with Tomato Chutney

### CARBOHYDRATES & VEGETABLES

Oven Baked Curly Fries  
Wholewheat Spaghetti  
Hoops, Sweetcorn, Baked Beans

### DESSERT (HOT)

Treacle Tart with Custard

### DESSERT (COLD)

White Chocolate & Raspberry Cheesecake  
Yogurts  
Fruity Jelly  
Fresh Fruit

## TUESDAY

### MAIN MEAL

Chicken & Vegetable Fajitas  
tomato salsa & Guacamole & sour cream

Wild Mushroom Rissoto with Side Salad (V)

Plant Based Duck & Vegetable Fajitas

### CARBOHYDRATES & VEGETABLES

Brown Wholegrain & White Rice

Baby Corn & sugar snap peas & tender stem

Broccoli

### DESSERT (HOT)

Lemon & Raspberry Loaf Cake

### DESSERT (COLD)

Churros with Chocolate dip  
Yogurts  
Angel Delight  
Fresh Fruit

## WEDNESDAY

### MAIN MEAL

Homemade Spaghetti Bolognese with Garlic Bread  
Macaroni Cheese with Butternut Squash & Spinach with garlic bread (V)  
Vegan Bolognese with garlic bread

### CARBOHYDRATES & VEGETABLES

Spaghetti  
Baby Carrots & Sweetcorn

### DESSERT (HOT)

Jam Tart & Custard

### DESSERT (COLD)

Chocolate Pots with mandarins  
Yogurts  
Fruit Jelly  
Fresh Fruit

## THURSDAY

### MAIN MEAL

Roast Chicken Breast with Sage & Onion Stuffing & Yorkshire Pudding

Homemade Cauliflower & Broccoli & Leek Bake

Vegan Sausage with Yorkshire Pudding & Sage & Onion Stuffing

### CARBOHYDRATES & VEGETABLES

Roast & Mash Potatoes  
Root Vegetable Mash & Seasonal Vegetables

### DESSERT (HOT)

Pear & Raspberry Oaty Crumble with Custard

### DESSERT (COLD)

Coconut Macaroons  
Yogurts  
Angel Delight  
Fresh Fruit

## FRIDAY

### MAIN MEAL

Wholetail Scampi with Tartare sauce or Chicken Balti with Naan bread & mango chutney

Plant Based Kofta with Pitta Bread Salad & Houmous (V)

Vegan Lentil & Spinach Curry with Naan Bread & mango chutney

### CARBOHYDRATES & VEGETABLES

Half & Half Rice & Chips  
Peas Baked Beans Mushy Peas

### DESSERT (HOT)

Sweet Potato & Chocolate Brownie & Pink Sauce

### DESSERT (COLD)

Strawberries ,  
Peaches & ice cream  
Yogurts  
Fruit Jelly  
Fresh Fruit

