

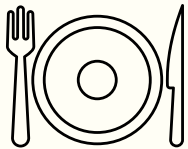
JUNIOR AND SENIOR LUNCH MENU



WEEK 2

ALL ALLERGIES CATERED FOR

GRAB & GO AND LIGHTER OPTION AVAILABLE DAILY



MONDAY

MAIN MEAL

Battered Chicken Chunks with a Sweet & Sour Sauce or Beef & Vegetable Stir Fry with Prawn Crackers (v)

Battered No Chicken Chunks with a Sweet & Sour Sauce
Vegetable Spring Rolls

CARBOHYDRATES & VEGETABLES

Stir Fry Vegetable Noodles & Savoury Rice

Tender Stem Broccoli & Baby Corn

DESSERT (HOT)

Chocolate & Banana Cupcake

DESSERT (COLD)

Raspberry & White Chocolate Roulade
Yogurts
Fruity Jelly
Fresh Fruit



TUESDAY

MAIN MEAL

Chicken Katsu or Chicken Korma with Naan Bread & Onion Bhaji
Sweet Potato & Lentil Curry with Naan Bread & Onion Bhaji
Battered Cauliflower Wings with a sweet chilli dip

CARBOHYDRATES & VEGETABLES

Half & Half Rice & Chips
Mixed country vegetables

DESSERT (HOT)

Raspberry & Lemon Loaf with Custard

DESSERT (COLD)

Raspberry & Peach trifle
Yogurts
Angel Delight
Fresh Fruit

WEDNESDAY

MAIN MEAL

Swedish Meatballs in a Homemade Rustic Tomato sauce

Four Cheese Tortelloni
Vegan Meatballs in a

Homemade Rustic Tomato Sauce

CARBOHYDRATES & VEGETABLES

Garlic Bread
Sweetcorn & Peas

DESSERT (HOT)

Jam & Coconut Sponge with custard

DESSERT (COLD)

Homemade Lemon & Ginger Cookie
Yogurts
Fruit Jelly
Fresh Fruit

THURSDAY

MAIN MEAL

Cumberland Pork Sausages & Yorkshire Pudding or Halal Chicken Sausages with Onion Gravy

Cauliflower Cheese with Crispy herby topping (v)

Spicy Mexican Bean Vegan Roll

CARBOHYDRATES & VEGETABLES

Roast & Creamy Mashed Potatoes

Seasonal Vegetables & Carrot & Swede Mash

DESSERT (HOT)

Cherry Pie with Vanilla Sauce

DESSERT (COLD)

Carrot Cake with vanilla frosting
Yogurts
Angel Delight
Fresh Fruit

FRIDAY

MAIN MEAL

Scampi with homemade tartare sauce or Cornish Sausage Roll

Sweet Potato & Roasted Vegetable Frittata (v)

Sticky Smokehouse Oumph Rib style with Flat bread

CARBOHYDRATES & VEGETABLES

Skin on fries,
Wholewheat Spaghetti hoops, Peas or Baked Beans

DESSERT (HOT)

Waffles with Caramel sauce

DESSERT (COLD)

Scone with strawberries & Cream
Yogurts
Fruit Jelly
Fresh Fruit