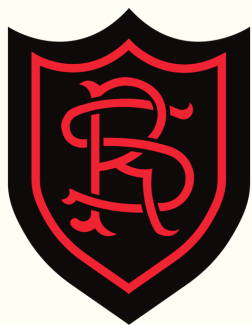


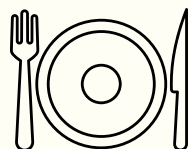
JUNIOR AND SENIOR LUNCH MENU



WEEK 1

ALL ALLERGIES CATERED FOR

GRAB & GO AND LIGHTER OPTION AVAILABLE DAILY



MONDAY

MAIN MEAL

Beechwood Smoked Gourmet Pork Hotdog or Halal Chicken Sausage Hotdog with Crispy Onions ,
Roast Mediterranean Quiche (v)
Vegan Hotdog with Crispy Onions

CARBOHYDRATES & VEGETABLES
Oven Baked Curly Potato Wedges
Wholewheat Spaghetti Hoops, Sweetcorn, Baked Beans

DESSERT (HOT)
Caramel Apple Betty with custard
DESSERT (COLD)
Lemon Tart with Raspberry coulis & cram
Yogurts
Fruity Jelly
Fresh Fruit

TUESDAY

MAIN MEAL

Aromatic Shredded Duck or Piri Piri chicken in a Bao Bun with Cucumber garnish
Asparagus & Mushroom
Risotto with garlic bread (v)
Plant Based Duck in a Bao Bun with cucumber garnish

CARBOHYDRATES & VEGETABLES
Vegetable Rice & Prawn Crackers
Baby Corn & sugar snap peas & tender stem
Broccoli

DESSERT (HOT)
Passionfruit & Lime Loaf Cake
DESSERT (COLD)
Mango Eton Mess
Yogurts
Angel Delight
Fresh Fruit

WEDNESDAY

MAIN MEAL

Homemade Spaghetti Bolognese with Garlic Bread
Macaroni Cheese with Spinach with garlic bread(v)
Vegan Bolognese with garlic bread

CARBOHYDRATES & VEGETABLES
Spaghetti
Baby Carrots & Sweetcorn

DESSERT (HOT)
Apple or Jam & Cream Turnovers

DESSERT (COLD)
Chocolate Pots with mandarins
Yogurts
Fruit Jelly
Fresh Fruit

THURSDAY

MAIN MEAL

Roast Chicken Breast with Sage & Onion Stuffing & Yorkshire Pudding
Homemade Cauliflower & Broccoli & Leek Bake
Vegan Sausage with Yorkshire Pudding & Sage & Onion Stuffing

CARBOHYDRATES & VEGETABLES
Roast & Mash Potatoes
Root Vegetable Mash & Seasonal Vegetables

DESSERT (HOT)
Summer Fruits Crumble with Custard

DESSERT (COLD)
Coconut Macaroons
Yogurts
Angel Delight
Fresh Fruit



FRIDAY

MAIN MEAL

Cod Fishfingers in a bun with lettuce & Mayonnaise or Roasted Honey Gammon & Egg
Vegan Vegetable Cornish Pasty
Vegan Fishless Fingers in a bun with lettuce

CARBOHYDRATES & VEGETABLES
Oven baked Chips
Baked Beans peas & sweetcorn

DESSERT (HOT)
Chocolate Beetroot Brownie & Pink Sauce

DESSERT (COLD)
Assorted Lolly & Smoothie Bar
Yogurts
Fruit Jelly
Fresh Fruit