JUNIOR AND SENIOR LUNCH MENU

WEEK 2

ALL ALLERGIES CATERED FOR

GRAB & GO AND LIGHTER OPTION AVAILABLE DAILY

MONDAY

MAIN MEAL

Southern Fried Chicken Breast (halal)in a Brioche Bun with Salad

Vegetable Burger in a prezel bun with baby gem lettuce & Mayonnaise

Vegan burger in a bun with salad

CARBOHYDRATES & VEGETABLES

Oven Baked saute Potatoes
Mixed Vegetables whole wheat spaghetti hoops & Baked Beans

DESSERT

Shortbread biscuit with pink custard
Cranberry & Pumpkin Seed Flapjacks

TUESDAY

MAIN MEAL

Honey Roasted Gammon with pineapple or Crispy Cod goujons with lemon & tartare sauce

Roasted Stuffed Peppers with Mozzerella cheese topping

Quorn Buttermilk burger in a bun

CARBOHYDRATES & VEGETABLES

Oven baked chunky chips
Peas & Baked beans

DESSERT

Red Cherry Pie & Vanilla Sauce
Iced vanilla cake with sprinkles

WEDNESDAY

MAIN MEAL

Swedish Meatballs or spicy beef meatballs (halal)in a Homemade Tomato & Basil sauce

Roasted vegetable pasta bake with mozzerella topping

Vegan meatballs in Homemade Tomato & Basil sauce

CARBOHYDRATES & VEGETABLES

Garlic Bread &
Conchiglie pasta
Peas & Baby Carrots

DESSERT

Summer Fruit Oaty Crumble with Custard
Millionaire shortbread

THURSDAY

MAIN MEAL

Roast Leg of Pork with Apple Sauce & Pork Gravy or Halal Chicken Breast & Yorkshire Pudding

Cauliflower & Broccoli Cheese Bake

Curried Cauliflower & chick pea & Onion Bhaji Pasty

CARBOHYDRATES & VEGETABLES

Roasted Potatoes & Creamy Mashed Potatoes
Root Vegetable Mash & Medley of seasonal vegetables

DESSERT

Double chocolate banana bread loaf with custard
Apple & Fresh Cream Turnovers

FRIDAY

STREET FOOD MEXICAN THEMED

Chicken & Vegetable Enchiladas or Chilli Beef & Nachos

Roasted Vegetable Chilli with nachos

Vegetable & Quorn Enchiladas with Tomato Sauce & Vegan Cheese topping

CARBOHYDRATES & VEGETABLES

Mexican Rice & Sweet potato fries
Corn on the cob & green beans & Baby corn

DESSERT

Churros with fresh fruit & Cream
Chocolate Mousse Pie (smores)

café Rouge

Pasta Pots

A variety of fresh homemade sauces available

Panini

Various fillings daily

Jacket Potato

Includes one filling

Takeaway or Eat-in | Seniors & Sixth Form only